

power vinyasa yoga: commitment

60-minute practice

featuring

Desirae Pierce



Increase Energy & Vitality • Build Strength • Gain Flexibility
Create a Healthy Body with Yoga



power vinyasa yoga: commitment

practice led by

Desirae Pierce

practitioners

Omar Rios

Katie Huber

Julie Warenoff



power vinyasa yoga: **commitment**

directed and produced by

Rebecca Fulton

director of photography & editing

Andrew Shapter



power vinyasa yoga: commitment

sound & camera crew

**Bill Gizak
Dillon**

production assistance

Christine Braboy



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gratitude

Special thanks to the students and teachers at Breath and Body Yoga who have inspired me to grow and reach for the stars.

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location

Shot on location at Breath and Body Yoga in Austin, Texas.

For more information about group classes, online classes, workshops, teacher trainings, and privates visit us at www.breathandbodyyoga.com